

Choice Tutoring

Study Skills Course

Course Topics

- Using academic planners to their full advantage
 - Planners are quite helpful with staying on top of your assignments, but there are ways to use them more effectively than by simply copying your homework into them.
- Staying on track with syllabi
 - If a teacher gives you a syllabus, it is your best friend. Use it in conjunction with your planner to stay up to speed and even get ahead of some assignments
- Fighting Procrastination
 - Procrastination affects everyone, even college students and professionals. A few tricks and techniques can help you stop putting off assignments until the last minute.
- Managing your time
 - Keeping track of your extracurricular activities and obligations is just as important to using your time well as keeping track of your school assignments.
- How to study best for your own learning style
 - Not everyone learns the same way. Go beyond the usual “audio/visual/kinesthetic” learning styles to find methods that really work for you.
- Taking good notes
 - There are good ways and bad ways to take notes. Make sure you’re taking them the good way. Also, note-taking is different depending on whether you’re taking notes on a lecture or from a textbook.
- How to memorize information without using flashcards
 - A few methods of memorizing information that might work better for you than making flashcards and quizzing yourself.
- Good study habits and techniques
 - It’s possible you could be keeping yourself from your full potential by not studying efficiently. Learn how to get the most out of your time.
- Test Preparation
 - The week and night before a test are when most students study. Find out how to use that time effectively.
- Test-Taking skills
 - Once you’ve mastered the material, master the test. Learn strategies for taking tests, including how to approach multiple choice tests and essay tests.